

## **Bonita Baseball Workshop**

**The Bonita Baseball program will have a workshop beginning Monday, June 21st at 4:30 pm – 6:30 pm through Thursday, June 24<sup>th</sup> 4:30 – 6:30. This workshop will be offered for all 8<sup>th</sup> graders interested in participating in the High School baseball program. The purpose of the workshop is to give all players the same opportunity to learn the system and philosophy which is taught on the Varsity. We will use each of the two hours to go over plays, skills, techniques and terms along with repetition to demonstrate understanding for each of them. At the conclusion of the four days we will have a situational scrimmage which will give each player a chance to show what they have learned.**

**Date: 6/21-6/24: we will cover all our skills and techniques along with situational plays.**

**Time 4:30-6:30: please attempt to be here by 4:00pm. We will take roll and begin when everyone is ready to go.**

**Location: Varsity Baseball Field**

**Cost: \$50 for the week or (25\$/ day if you can only attend a couple of days) Money can be paid the day of the first workout or mailed to the school (3102 D Street). All checks are to be made payable to Bonita Boosters. (Cash is also accepted) If there are any comments or concerns regarding the workshop please email me? [j.knott@bonita.k12.ca.us](mailto:j.knott@bonita.k12.ca.us)**

**Thanks,**

**John Knott  
Head Varsity Coach**